

Lista de lucrări
Costina-Ruxandra Poetar

a) lista celor maximum 10 lucrări considerate de candidat a fi cele mai relevante pentru domeniul disciplinelor postului pentru care candidează, care sunt incluse în format electronic în dosar și care se pot regăsi și în celelalte categorii de lucrări

1. **Păsărelu, C. R.**, Andersson, G., Bergman Nordgren, L., & Dobrean, A. (2017). Internet-delivered transdiagnostic and tailored cognitive behavioral therapy for anxiety and depression: a systematic review and meta-analysis of randomized controlled trials. *Cognitive Behaviour Therapy*, 1–28. <https://doi.org/10.1080/16506073.2016.1231219>
2. **Poetar, C.-R.**, Dobrean, A., & Andersson, G. (2024). Preliminary efficacy of a transdiagnostic parent-led internet-delivered intervention for children with anxiety and depressive symptoms: A pilot randomized controlled trial. *Child and Adolescent Psychiatry and Mental Health*, 18(1), 31. <https://doi.org/10.1186/s13034-024-00721-3>
3. Balan, R., Dobrean, A., & **Poetar, C. R.** (2024). Use of automated conversational agents in improving young population mental health: A scoping review. *Npj Digital Medicine*, 7(1), 1–9. <https://doi.org/10.1038/s41746-024-01072-1>
4. **Păsărelu, C. R.**, Andersson, G., & Dobrean, A. (2020). Attention-deficit/hyperactivity disorder mobile apps: A systematic review. *International journal of medical informatics*, 138, 104133. <https://doi.org/10.1016/j.ijmedinf.2020.104133>
5. **Păsărelu, C.-R.**, David, D., Dobrean, A., Noje, A., Roxana, Șipoș, & Predescu, E. (2023). ADHDCoach—a virtual clinic for parents of children with ADHD: Development and usability study. *DIGITAL HEALTH*, 9, 20552076231161964. <https://doi.org/10.1177/20552076231161963>
6. **Păsărelu, C.-R.**, Dobrean, A., Andersson, G., & Zaharie, G. C. (2021). Feasibility and clinical utility of a transdiagnostic Internet-delivered rational emotive and behavioral intervention for adolescents with anxiety and depressive disorders. *Internet Interventions*, 26, 100479. <https://doi.org/10.1016/j.invent.2021.100479>
7. Dobrean, A., **Păsărelu, C.-R.**, Balazsi, R., & Predescu, E. (2021). Measurement Invariance of the ADHD Rating Scale–IV Home and School Versions Across Age, Gender, Clinical

Status, and Informant. *Assessment*, 107319111985842.
<https://doi.org/10.1177/1073191119858421> (autor corespondent)

8. **Poetar, C.-R.**, Bradley, N., & Voinescu, A. (2023). Immersive virtual reality or computerised mindfulness meditation for improving mood? Preliminary efficacy from a pilot randomised trial. *Frontiers in Psychology*, 14.
<https://www.frontiersin.org/articles/10.3389/fpsyg.2023.1157469>
9. **Păsărelu, C. R.**, & Dobrean, A. (2018). A video-based transdiagnostic REBT universal prevention program for internalizing problems in adolescents: study protocol of a cluster randomized controlled trial. *BMC Psychiatry*, 18, 101.
<https://doi.org/10.1186/s12888-018-1684-0>
10. **Păsărelu, C. R.**, Dobrean, A., Balazsi, R., Predescu, E., Șipos, R., & Lupu, V. (2016). The Penn State Worry Questionnaire for Children: Age, Gender and Clinical Invariance. *Child Psychiatry & Human Development*, 1–11. <http://doi.org/10.1007/s10578-016-0663-2>

b) teza sau tezele de doctorat:

Transdiagnostic interventions facilitated through technology, coordinator științific: Prof. Univ. Dr. Anca Dobrean

c) brevete de invenție și alte titluri de proprietate industrială;

-

d) cărți și capitole în cărți:

1. **Poetar, C.** (2024). Evaluarea și monitorizarea în cadrul intervențiilor parentale. In O. David & D. David (Eds.), *Tratat de intervenții parentale validate științific*. Iași: Polirom.
2. Dobrean, A., & **Poetar, C.** (2024). Programe parentale validate științific pentru tratamentul tulburării de deficit atențional și hiperactivitate la copii. In O. David & D. David (Eds.), *Tratat de intervenții parentale validate științific*. Iași: Polirom.
3. Visu-Petra, G., **Poetar, C.R.**, Prodan, N. (2024). El consentimiento sexual en niños y adolescentes desde la perspectiva de la psicología del desarrollo. In M. Feldman (Eds.), *Delitos sexuales en especial contra menores*. Cordoba: CUNIEP editorial

4. **Păsărelu, C.**, Anichitoea F.M., Dobrean, A. (2021). Pregătirea pentru aducerea copilului în familie. In V. Enea (Eds.), *Abordarea psihologică a adopției și asistenței maternale*. Iași: Polirom.
5. Dobrean, A., & **Păsărelu, C.** (2021). Procesul evaluării psihologice a potențialilor părinți. In V. Enea (Eds.), *Abordarea psihologică a adopției și asistenței maternale*. Iași: Polirom.
6. David, D.O., DiGiuseppe, R., Dobrean, A., **Păsărelu, C.R.**, & Balazsi, R. (2019). The Measurement of Irrationality and Rationality. In: M. Bernard & W. Dryden (Eds.), *Advances in REBT*. Springer, Cham https://doi.org/10.1007/978-3-319-93118-0_4
7. Dobrean, A., **Păsărelu, C. R.** (2019). Evaluarea elevilor: tipuri de instrumente și necesitatea cunoașterii DSM. In V. Enea (Eds.), *Intervenții psihologice în școală. Manualul consilierului școlar*. Iași: Polirom
8. Dobrean, A., **Păsărelu, C. R.** (2019). Educația Da, Poți, Reușești! – un program de dezvoltare a abilităților sociale și emoționale la elevi. In V. Enea (Eds.), *Intervenții psihologice în școală. Manualul consilierului școlar*. Iași: Polirom
9. Dobrean, A., **Păsărelu, C. R.**, & Döpfner, D. (2018). Varieties of Psychotherapy for Attention-Deficit Hyperactivity Disorder. An Evidence-Based Evaluation. In D. David, S. J. Lynn & G. H. Montgomery (Eds.), *Evidence-Based Psychotherapy: The State of the Science and Practice* (pp. 435-464). New York: Wiley Blackwell.
10. Dobrean, A., **Păsărelu, C.** (2017). Evaluarea funcționării intelectuale. In V. Enea & I. Dafinoiu (Eds.), *Evaluarea psihologică. Manualul psihologului clinician*. Iași: Polirom
11. Dobrean, A., & **Păsărelu, C. R.** (2017). Educația pozitivă în context școlar. In A. Szentagotai Tătar & D. David (Eds.), *Tratat de Psihologie Pozitivă* (pp. 265-282). Iași: Polirom
12. **Păsărelu, C. R.**, & Dobrean, A. (2016). Parental involvement in remotely-delivered CBT interventions for anxiety problems in children and adolescents: a systematic review. In F. Durbano & B. Marchesi (Eds.), *New Developments in Anxiety Disorders*, Intech Open Access Publisher, doi: 10.5772/65120
13. Dobrean, A., & **Păsărelu, C.R.** (2016). Impact of social media on social anxiety: a systematic review. In F. Durbano & B. Marchesi (Eds.), *New Developments in Anxiety Disorders*, Intech Open Access Publisher, doi: 10.5772/65188

e) **articole/studii in extenso, publicate în reviste din fluxul științific internațional principal;**

1. **Poetar, C.-R.**, Dobrean, A., & Andersson, G. (2024). Preliminary efficacy of a transdiagnostic parent-led internet-delivered intervention for children with anxiety and depressive symptoms: A pilot randomized controlled trial. *Child and Adolescent Psychiatry and Mental Health*, 18(1), 31. <https://doi.org/10.1186/s13034-024-00721-3>
2. Florean, I. S., Dobrean, A., Roman, G. D., **Poetar, C.-R.**, Vîlceanu, C., & Predescu, E. (2024). The mediator role of negative and positive automatic thoughts between attachment quality towards significant others and adolescents' internalizing problems. *Children and Youth Services Review*, 164, 107867. <https://doi.org/10.1016/j.childyouth.2024.107867>
3. Grama, D. I., Dobrean, A., Florean, I. S., **Poetar, C. R.**, Rohner, R. P., & Predescu, E. (2024). Measurement invariance of the Child Parental Acceptance-Rejection Questionnaire-Short Form across parental versions, age, gender, clinical status, and time. *Children and Youth Services Review*, 163, 107726. <https://doi.org/10.1016/j.childyouth.2024.107726>
4. Balan, R., Dobrean, A., & **Poetar, C. R.** (2024). Use of automated conversational agents in improving young population mental health: A scoping review. *Npj Digital Medicine*, 7(1), 1–9. <https://doi.org/10.1038/s41746-024-01072-1>
5. Kulcsár, V., Dobrean, A., **Poetar, C.-R.**, & Ivan, C. (2024). Is REBT Useful for Reducing Adolescents' Career Decision Difficulties and Distress? A Randomized Trial. *Journal of Career Development*, 51(3), 327–348. <https://doi.org/10.1177/08948453241246715>
6. **Poetar, C.-R.**, & Criș, C. I. (2024). Minority Stress and Anxiety and Depressive Symptoms in Sexual Minority Adults: Irrationality and Self-Compassion as Serial Mediators. *Sexuality Research and Social Policy*. <https://doi.org/10.1007/s13178-023-00929-6>
7. **Poetar, C.-R.**, Dobrean, A., & Florean, I. S. (2023). Problematic Smartphone Use and Mental Health Problems: A Network Analysis of Romanian Adolescents. *Youth & Society*, 0044118X231218295. <https://doi.org/10.1177/0044118X231218295>
8. **Păsărelu, C.-R.**, David, D., Dobrean, A., Noje, A., Roxana, Șipoș, & Predescu, E. (2023). ADHDCoach—a virtual clinic for parents of children with ADHD: Development and

- usability study. *DIGITAL HEALTH*, 9, 20552076231161964.
<https://doi.org/10.1177/20552076231161963>
9. **Poetar, C.-R.**, Bradley, N., & Voinescu, A. (2023). Immersive virtual reality or computerised mindfulness meditation for improving mood? Preliminary efficacy from a pilot randomised trial. *Frontiers in Psychology*, 14.
<https://www.frontiersin.org/articles/10.3389/fpsyg.2023.1157469>
 10. Corrigan, N., **Păsărelu, C.-R.**, & Voinescu, A. (2023). Immersive virtual reality for improving cognitive deficits in children with ADHD: A systematic review and meta-analysis. *Virtual Reality*. <https://doi.org/10.1007/s10055-023-00768-1>
 11. Florean, I. S., Dobrean, A., Balazsi, R., Roşan, A., **Păsărelu, C. R.**, Predescu, E., & Rad, F. (2023). Measurement Invariance of Alabama Parenting Questionnaire Across Age, Gender, Clinical Status, and Informant. *Assessment*, 10731911211068178.
<https://doi.org/10.1177/10731911211068178>
 12. **Păsărelu, C.-R.**, Dobrean, A., Florean, I. S., & Predescu, E. (2022). Parental stress and child mental health: A network analysis of Romanian parents. *Current Psychology*.
<https://doi.org/10.1007/s12144-022-03520-1>
 13. **Păsărelu, C.-R.**, Dobrean, A., Andersson, G., & Zaharie, G. C. (2021). Feasibility and clinical utility of a transdiagnostic Internet-delivered rational emotive and behavioral intervention for adolescents with anxiety and depressive disorders. *Internet Interventions*, 26, 100479. <https://doi.org/10.1016/j.invent.2021.100479>
 14. Robe, A., **Păsărelu, C. R.**, & Dobrean, A. (2021). Exploring autonomic regulation in children with ADHD with and without comorbid anxiety disorder through three systematic levels of cardiac vagal control analysis: Rest, reactivity, and recovery. *Psychophysiology*, e13850. <https://doi.org/10.1111/psyp.13850>
 15. David, D., Dobrean, A., **Păsărelu, C. R.**, Iftene, F., Lupu, V., Predescu, E., & Döpfner, M. (2021). Psychotherapy, Atomoxetine or Both? Preliminary Evidence from a Comparative Study of Three Types of Treatment for Attention-Deficit/Hyperactivity Disorder in Children. *Cognitive Therapy and Research*, 45(1), 149-165.
<https://doi.org/10.1007/s10608-020-10157-6>
 16. Dobrean, A., **Păsărelu, C.-R.**, Balazsi, R., & Predescu, E. (2021). Measurement Invariance of the ADHD Rating Scale–IV Home and School Versions Across Age, Gender, Clinical

Status, and Informant. *Assessment*, 107319111985842.
<https://doi.org/10.1177/1073191119858421> (autor corespondent)

17. Florean, I. S., Dobrean, A., **Păsărelu, C. R.**, Georgescu, R. D., & Milea, I. (2020). The efficacy of internet-based parenting programs for children and adolescents with behavior problems: A meta-analysis of randomized clinical trials. *Clinical Child and Family Psychology Review*, 23(4), 510-528. <https://doi.org/10.1007/s10567-020-00326-0>
18. **Păsărelu, C. R.**, Andersson, G., & Dobrean, A. (2020). Attention-deficit/hyperactivity disorder mobile apps: A systematic review. *International journal of medical informatics*, 138, 104133. <https://doi.org/10.1016/j.ijmedinf.2020.104133>
19. Florean, S., & **Păsărelu, C.-R.** (2019). Interpersonal Emotion Regulation and Cognitive Empathy as Mediators between Intrapersonal Emotion Regulation Difficulties and Couple Satisfaction. *Journal of Evidence-Based Psychotherapies* (autor corespondent)
20. Robe, A., Dobrean, A., Cristea, I. A., **Păsărelu, C. R.**, & Predescu, E. (2019). Attention-deficit/hyperactivity disorder and task-related heart rate variability: A systematic review and meta-analysis. *Neuroscience & Biobehavioral Reviews*, 99, 11–22. <https://doi.org/10.1016/j.neubiorev.2019.01.022>
21. **Păsărelu, C. R.**, & Dobrean, A. (2018). An Investigation of Mediators for the Relationship Between Parent Mental Health and Adolescent Problematic Internet Use: A Cross-Sectional Study in Romanian Adolescents. *Journal of Evidence-Based Psychotherapies*, 18(2), 97–116.
22. **Păsărelu, C. R.**, & Dobrean, A. (2018). A video-based transdiagnostic REBT universal prevention program for internalizing problems in adolescents: study protocol of a cluster randomized controlled trial. *BMC Psychiatry*, 18, 101. <https://doi.org/10.1186/s12888-018-1684-0>
23. **Păsărelu, C. R.**, Andersson, G., Bergman Nordgren, L., & Dobrean, A. (2017). Internet-delivered transdiagnostic and tailored cognitive behavioral therapy for anxiety and depression: a systematic review and meta-analysis of randomized controlled trials. *Cognitive Behaviour Therapy*, 1–28. <https://doi.org/10.1080/16506073.2016.1231219>
24. **Păsărelu, C. R.**, Dobrean, A., Balazsi, R., Podina, I. R., & Mogoase, C. (2017). Interpretation biases in the intergenerational transmission of worry: a path analysis. *Journal of Evidence-Based Psychotherapies*, 17(1), 31.

25. **Păsărelu, C. R.**, Dobrean, A., Balazsi, R., Predescu, E., Șipos, R., & Lupu, V. (2016). The Penn State Worry Questionnaire for Children: Age, Gender and Clinical Invariance. *Child Psychiatry & Human Development*, 1–11. <http://doi.org/10.1007/s10578-016-0663-2>

f) publicații in extenso, apărute în lucrări ale principalelor conferințe internaționale de specialitate;

-

g) alte lucrări și contribuții științifice sau, după caz, din domeniul creației artistice:

- Dobrean, A., & **Păsărelu, C. R.** (2023). Sănătatea mintală în funcție de stadiile de viață: afecțiuni tipice, riscuri și prevalențe la diverse categorii de vârstă. In C. Nedelcea, *Tabloul sănătății mintale în România*. Consiliul Economic și Social.

Lector univ. dr. Costina-Ruxandra Poetar